

RATIONALE

It is important to spread the knowledge and progress of Assisted Reproductive Technologies (ART) techniques and understand how their application changed the prospective from treating infertility to a more general practise of family planning to reduce the gender gap and age related reduced chances of conception, inducing gamete donation as the only possible way to the desired number of children with the present or other partners.

AIM AND OBJECTIVES

The aim of the conference is to promote awareness and progress of Assisted Reproductive Technologies (ART) techniques, and the results obtained from their application in a new era of older populations and one child only if any families.

CME OBJECTIVE

Clinical development, gamete and embryo cryopreservation, women and children safety, family planning.

WORKING METHOD

Talks, lectures with presentations and discussion.

MAIN TOPICS

- Family Planning
- Pre conceptional and preimplantation tests
- Nomina sunt consequentia rerum: different names for different entities
- Oocyte donation and banking for future use
- Limits to Reproductive Freedom
- How old is too old in women and men reproduction

ORGANIZING SECRETARIAT

Andrea Busnelli,
Tel. 02 8224.4500 andrea.busnelli@hunimed.eu

Federico Cirillo,
Tel. 02 8224.7557 federico.cirillo@humanitas.it

Valentina Immediata, Tel. 02 8224.7762
valentina.immediata@humanitas.it

Noemi Di Segni, Massimo Romano, Camilla Ronchetti, Department of Gynecology and Reproductive Medicine, IRCCS Humanitas Research Hospital, Rozzano, Milan – IT

GENERAL INFORMATION

Conference Venue

Humanitas Congress Centre, Via Manzoni 113, Rozzano, Milan

Official language

English

Attendance

The congress is intended primarily for health care professionals of the National Health Service (Medical Doctor within the disciplines of Obstetrics and Gynaecology or Urology; Biologists, Biotechnologists, Midwives, Nurses, Psychologists).
Maximum 200 attendees. Participants will be admitted until the maximum capacity is reached.

Registration

Online registration on the website www.humanitasedu.it

Learning assessment

Learning outcomes will be assessed by filling out a multiple-choice questionnaire on the last day of the course. This final test is compulsory for participants requesting CME credits.

Satisfaction questionnaire

At the end of the course, all participants should complete a quality assessment survey.
Those who wish to receive CME credits are also requested to fill in a “CME Quality Assessment Questionnaire”.

Continuing Medical Education Credits

Italian CME credits will be issued for the following professionals: Medical Doctor within the disciplines of obstetrics and gynaecology or urology; Biologists, Biotechnologists, Midwives, Nurses, Psychologists.
According to the CME procedures, to receive CME credits participants should ensure their attendance in the classroom for at least 90% of the duration of the event and take a final assessment through a practical simulation after training, on the last day of the course. The final evaluation aims to identify, review and improve

personal learning goals and is assessed according to predetermined criteria published during the course. The pass mark is 80%.
Participants who wish to receive CME credits are also requested to fill in a “CME Quality Assessment Questionnaire”.
Participation will be monitored by signing in and out of the attendance register.

Certificates of attendance

A certificate of attendance will be issued upon request for participants who attend at least 80% of the conference and successfully pass the final test.
CME certificates will be issued as appropriate on completion of CME accreditation procedures.

For any further information, please contact the Organizational Secretariat.

SCIENTIFIC COORDINATOR

Paolo Emanuele Levi-Setti,
*Department of Biomedical Science Humanitas University,
Department of Gynaecology and Reproductive Medicine, Fertility Center, IRCCS - Humanitas Research Hospital, Milan, Italy*

Under the auspice of:

**HU HUMANITAS
UNIVERSITY**

HUMANITAS
FERTILITY CENTER

**Celebrating the 30 years anniversary
of the Humanitas Fertility Center Activity**

**INTERNATIONAL
CONFERENCE**

FROM INFERTILITY TREATMENT TO FAMILY PLANNING

**OCTOBER
2nd-3rd, 2026**

SCIENTIFIC COORDINATOR

Paolo Emanuele Levi-Setti
Department of Biomedical Science
Humanitas University, Department
of Gynaecology and Reproductive
Medicine, Fertility Center, IRCCS -
Humanitas Research Hospital,
Milan, Italy

ORGANISED BY

**HUMANITAS RESEARCH HOSPITAL, IRCCS
Humanitas Fertility Center**

Statua in bronzo di una donna incinta su una fontana decorativa a Skopje, Macedonia del Nord

PROGRAMME

Friday, October 2nd

- 08.30 Registration
- 09.00 Opening remarks
Paolo Emanuele Levi-Setti
Introduction of the 2026th course
- 09.15 Institutional Greetings
Alberto Mantovani
- 09.30 *Opening Lecture:* The ability and inability of infertility treatments to resolve family planning ideals.
Pasquale Patrizio

SESSION 1 - Family Planning in infertile couples
Chairs: **Edgardo Somigliana, Valentina Immediata**

- 10.00 The Family Planning and parenthood desires of infertile couples.
Letizia Li Piani
- 10.15 From single child to family planning.
Francesco Viciglione
- 10.30 The multi cycle approach to fulfil the family planning desire.
Alessandro Ruffa
- 10.45 Discussion
Discussants: **Valeria Savasi, Stefano Castellano**

- 11.15 *2nd Invited Lecture The "Baby Bust":* awareness of the gap between desired and actual family size and review of practical options,
Dominique de Ziegler
- 11.45 Coffee Break

SESSION 2 - Pre conceptional, pre and post implantation tests
Chairs: **Luigina Spaccini, Pietro Cavalli**

- 12.15 Carrier screening for everyone: pros and cons.
Giovanni Porta
- 12.30 PGT-M in difficult indications: late onset diseases and oncological risk.
Luca Savarino
- 12.45 Testing for polygenic disorders (PGT-P), are we ready?
Masoud Zamaiesteki
- 13.00 Discussion
Discussants: **Noemi Di Segni, Laura Sacchi**
- 13.30 Lunch

SESSION 3 - Nomina sunt consequentia rerum
Chairs: **Nicoletta Di Simone, Massimo Romano**

- 14.00 From Pcos to Pmos: is it just a rebranding?
Daniela Romualdi
- 14.15 Drop out: is it time for a rename?
Andrea Borini
- 14.30 Social freezing: why we continue to use this label?
Federico Cirillo

- 14.45 Discussion
Discussants: **Nicola Pluchino, Camilla Ronchetti**
- 15.15 Coffee Break

SESSION 4 - Oocyte donation and banking for future use
Chairs: **Nicoletta Di Simone, Massimo Romano**

- 15.45 The French experience.
Pietro Santulli
- 16.00 The International Federation of Fertility Societies data.
Godnur Tocu
- 16.15 The SART data
Pasquale
- 16.30 Discussion
Discussants: **Paola Anserini, Valeria Scolaro**
- 17.00 *3rd Invited Lecture:* The effect of preimplantation genetic testing for aneuploidy (PGT-A) on obstetric and neonatal outcomes
Anja Pinborg
- End of Day 1

Saturday, October 3rd

- 09.00 *4th Invited Lecture:* is it time to introduce an age limit for men?
Alberto Ferlin

SESSION 5 - Limits of Reproductive Freedom?
Chairs: **TBD**

- 09.30 Is oocytes freezing a universal right?
Clementina Cantatore
- 09.45 ART for everyone in Italy. How far is it?
Francesca Re
- 10.15 Perspectives on donor anonymity
Francoise Shenfield
- 10.30 Discussion
Discussants: **Giuseppe D’Amato**
- 11.00 Coffee Break

SESSION 6 - How old is too old in female and male reproduction?
Chairs: **Pasquale Patrizio**

- 11.15 Reproduction in older women
Antonio Pellicer
- 11.30 Blastocyst only transfer?
Raul Orvieto
- 11.45 Induction in advance maternal age
Antonio La Marca
- 12.00 Discussion
Discussants: **Mario Minzini Renzini, Benedetta Pisano**
- 12.30 Conclusions and CME final test