



7TH INTERNATIONAL CONGRESS ON SHOULDER AND ELBOW THERAPY

ROME CAVALIERI WALDORF ASTORIA HOTEL

Dear friends, Physiotherapists and Rehabilitation Doctors,
As President of the newly founded **ICSSET** (International Confederation of Scientific Societies for Shoulder & Elbow Therapy - founded by representatives of EUSSER, SEPA, ASSET and JSS), it is my great pleasure to announce the **7th ICSET World Congress** (International Congress Shoulder & Elbow Therapy) that will be held **in Rome from the 6th to 8th of September 2023** in the splendid setting of the **Rome Cavalieri Waldorf Astoria Hotel**, with an unmissable view over all of Rome. The Congress will see the **participation of famous experts** of the sector from all over the world, both physiotherapists and surgeons, that will share the most up-to-date knowledge regarding the management of shoulder and elbow pathologies both conservatively and possibly post-surgically. Moreover, **three pre-congress courses**, aimed at managing specific pathologies and expressly set up to foster cultural and experiential exchange with the teachers, will precede the Congress. In addition, for the **first time** in the history of the ICSET congresses, with their registration fee, the participants at the Congress will be **able to participate not only in the ICSET Congress works** (i.e., targeted symposiums, presentation of original scientific papers, debates between surgeons and physiotherapists, keynote lectures by famous therapists & surgeons, parallel workshops aimed at acquiring knowledge and skills useful in daily work practice) **but also at the ICSES Congress sessions** (the surgeon's Congress): two birds with one stone! You wish to come to Rome from extra EU, but cannot make it? No worries, we got you covered! Aware of the difficulties that there might be in coming to Rome from faraway, thanks to ad hoc video recording, it will also be possible (**only for extra EU Physiotherapists**) to review the main sessions of the Congress on demand, through the official website, from a couple of days up to 2 months. Such great efforts have been put to have your maximum participation both in presence and remotely: we strive for a real sharing of scientific, technical and experiential knowledge to benefit everyone, and **your participation is important to us!** My goal, and that of the entire ICSSET board, is to put at your disposal a platform dedicated to ... **"Lifting up the Global Knowledge!"** We look forward to seeing you at the **ICSET congress in Rome, the Eternal City**, which will be able to fascinate us with an extraordinary Congress along with its priceless treasures of art and culture.

Marco Conti, MD, PhD
ICSSET President

REGISTRATION

	EARLY Until May 2, 2023	LATE From May 3, 2023 to July 3, 2023	ONSITE From July 4, 2023 and onsite
PRECONGRESS COURSE*	120,00 €	120,00 €	150,00 €
THERAPIST (Physiotherapist)**	250,00 €	350,00 € 250,00 €	450,00 €
VIRTUAL ON DEMAND***	200,00 €	200,00 €	200,00 €

Fees are quoted in euro (EUR), per person, including 22% Italian VAT. Should VAT increase, registration fees will be adjusted accordingly.

* Registration fee includes: in-person attendance to one preconference course (to be held on September 6, from 8 to 12) and certificate of attendance

** Registration fee includes: in-person attendance to ICSES and ICSET scientific sessions and exhibition, congress material, welcome cocktail, coffee breaks, certificate of attendance

*** Registration fee includes: virtual ondemand access to the ICSET pre-registered speeches from plenary room sessions only and certificate of attendance. Virtual ondemand access will be available through a dedicated section on the official website from a couple of days after the congress end and up to 2 months after. The Organising Secretariat will send an access code to enter the platform.

LATEST NEWS

Want to keep updated on the activities of next ICSET 2023?

Go to the official website
www.icses2023.com/icset and
subscribe to our newsletter

ICSSET FOUNDERS

Marco Conti (ICSSET President)
Karen Ginn (SEPA & Scientific Committee President)
Rebecca Dickinson (ASSET)
Bruno Santullo (EUSSER)
Takayuki Muraki (JSS)

ORGANIZING SECRETARIAT

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SCIENTIFIC PROGRAMME

WEDNESDAY SEPTEMBER 6

08.00-12.00	Pre Congress course/s 1. Practical application of WIP1 rehabilitation for multidirectional instability of the shoulder - <i>S. Balster (Australia)</i> 2. The spectrum of rotator cuff related shoulder pain: applying an evidence-based approach to what we do in the clinic <i>E. O'Conaire (Ireland)</i> 3. Clinical reasoning to inform the choice of exercises for patients with shoulder dysfunction - evidence & application <i>K. Ginn (Australia)</i>	
12.15-12.45	Rockwood Lecture	
12.50-14.00	Lunch	
13.30-15.00	Congress Start - Keynote address 1. The frozen shoulder: the past, present and future perspective - <i>F. Struyf (Belgium)</i> 2. Defining biomarkers of recovery in patients with rotator cuff tendon disorders - <i>L. Michener (USA)</i>	
15.05-15.35	Kessel Lecture	
16.45-17.45	ICSSSET/ICES Opening Ceremony	
18.00-18.30	COCKTAIL - Societies members meeting	

THURSDAY SEPTEMBER 7

08.30-10.00	Free papers: Shoulder assessment	
	Workshop Non-operative management of shoulder instability: a new clinical framework - <i>M. Olds (New Zealand)</i>	
10.00-10.30	Coffee break	
10.30-12.00	Free papers: Post surgical Rehab Strategies	
12.15-12.45	Codman Lecture	
12.50-13.30	Lunch	
13.30-15.00	Joint ICSSSET/ICES discussion session Management of patients with degenerative rotator cuff tear: surgical or conservative treatment? <i>J.E. Khun (USA), H. Sugaya (Japan), A. Cools (Belgium), J. Gibson (United Kingdom)</i>	
15.05-15.35	Morrey Lecture	
15.35-16.00	Coffee break	
16.00-17.30	Free papers: Shoulder management 1	
16.30-17.30	Workshop Functional Outcomes and Expectations Following Total Shoulder & Reverse Total Shoulder Arthroplasty - <i>M. Zens (USA)</i>	
17.30-18.30	EUSSE AGM	

FRIDAY SEPTEMBER 8

8.30-10.00	Keynote address 1. Comprehensive management of throwing injuries in shoulder & elbow joints - <i>T. Muraki (Japan)</i> 2. The sticky elbow: how to prevent post-traumatic elbow stiffness: tips & tricks for physiotherapists - <i>V. Jones (United Kingdom)</i>	
10.00-10.30	Coffee break	
10.30-12.00	Free papers: Shoulder & elbow in sport	
	Workshop Rotator cuff related shoulder pain: what's new in its assessment & treatment <i>F. Desmeules (Canada), J.S. Roy (Canada), D. Christiansen (Denmark)</i>	
12.15-12.45	Neer Lecture	
12.50-13.30	Lunch	
13.30-14.30	Free papers: Shoulder management 2	
	Workshop Strength testing of the shoulder using a hand-held digital dynamometer - <i>R. Lenssen (Australia)</i>	
14.30-16.00	Focused Symposium Shoulder instability: what is the role of physiotherapy in improving clinical outcome? <i>K. Ginn (Australia), A. Jaggi (United Kingdom), M. Olds (New Zealand), A. Seitz (USA)</i>	
16.10-16.30	ICSSSET/ICES Closing Ceremony	

COLORS LEGENDA

COURSES TO BE PAID APART	ICSET CONGRESS MODULES	ICES + ICSET MODULES	ICES MODULES	COMBINED CERIMONY
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Please note that the program is subject to change without notice. For all updates, please visit the official congress website: www.ices2023.com/icset