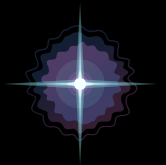


FOOT
AND
ANKLE
ACADEMY



PRESENTS
CHAPTER 1

MICA
PROGRESSIVE COLLAPSING FOOT
INSTABILITY AND CARTILAGE

DIRECTOR

FEDERICO G. USUELLI

INTERNATIONAL GUESTS

KRIS BUEDTS (EFAS PRESIDENT)

CESAR DE CESAR NETTO

NIEK VAN DIJK



FOOT
AND
ANKLE
ACADEMY



PROGRAM

THURSDAY 13TH OCTOBER

12.00 WELCOME LUNCH

12.30 WELCOME SPEECH

PROF. ALESSANDRO CASTAGNA - ORTHOPAEDICS AND
TRAUMATOLOGY DIRECTOR, HUMANITAS UNIVERSITY, MILANO

12.45 "FOOT AND ANKLE ACADEMY CONCEPT" (F.G. USUELLI)

MICA – ACADEMY HALLUX VALGUS

13.00 "MICA": NEW GENERATION MIS FOR BUNION CORRECTION (F.G. USUELLI)

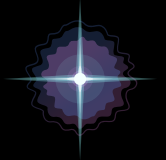
13.10 MICA – PECA: YOU NEED TO BE DRIVEN (C. INDINO)

13.20 DMMO ALWAYS? THINK AND ACT MIS! (C. MACCARIO)

13.30 WEIGHT-BEARING CT-SCAN, DM AND VIRTUAL PLANNING (B. EFRIMA)



HALLUX RIGIDUS ACADEMY



13.40 AVOID FUSION, AVOID KEILECTOMY. THE KEY IS OSTEOTOMY +
REGENERATIVE MEDICINE (C. MACCARIO)

13.50 FUSION: TECHNIQUE FOR REVISIONS, WOUND HEALING ISSUES AND
INFECTION PREVENTION (C. INDINO)

SOS MEDICO-LEGALE

14.00 PREVENIRE E "CURARE" IL PROBLEMA (F. ARENSI)

QUESTIONS FROM THE AUDIENCE

14.15 QUESTIONS ON MICA AND HALLUX RIGIDUS ACADEMY

PROGRESSIVE COLLAPSING FOOT ACADEMY

14.40 PROGRESSIVE COLLAPSING FOOT: A NEW CONCEPT (C. DE CESAR
NETTO)

14.55 JUVENILE FLAT FOOT: SURGICAL STRATEGIES (G. RIVA)

15.05 CALCANEO-STOP AND ENDORTHESES AS ADULT PROCEDURES (M.
MARCARELLI)

15.15 WEIGHT BEARING CT-SCAN, FAO INDEX, DM MAPPING, VIRTUAL
PLANNING (C. DE CESAR NETTO)

15.30 COFFEE BREAK



TECHNICAL TIPS

- 16.00 CALCANEAL OSTEOTOMIES (F.G. USUELLI)
16.15 MEDIAL PERITALAR INSTABILITY (K. BUEDTS)
16.30 COTTON AND LAPI-COTTON: A DEEP IMPACT ON YOUR CORRECTION (C. DE CESAR NETTO)
16.45 TALO-NAVICULAR JOINT: WHEN TO FUSE, WHEN TO PRESERVE.
DOUBLE VS SUBTALAR JOINT FUSION: LIMITS AND INDICATIONS (K. BUEDTS)
17.00 JOINT PRESERVING SURGERY AND TALAR RESHAPING FOR THE ANKLE.
LESSON LEARNT FROM LATERAL APPROACH (F.G. USUELLI)
17.15 INFECTION PREVENTION IN MAJOR SURGERY (R. SANGALETTI)
20.30 ACADEMY DINNER



FRIDAY 14TH OCTOBER

8.00 BREAKFAST

CADAVER LAB

- 8.10 VIDEO SUMMARY OF THE SURGICAL TECHNIQUES (MICA + DMMO)
(A. BARBERO)
8.20 MICA + DMMO CADAVER LAB
9.30 VIDEO SUMMARY (ENDORTHESIS, CALCANEAL OSTEOTOMIES AND
COTTON OSTEOTOMY) (T. PAOLI)
9.45 CALCANEAL OSTEOTOMIES AND COTTON CAD LAB
12.00 LUNCH

CARTILAGE

- 13.00 LATERAL ANKLE INSTABILITY AND SYNDESMOSTIC INSTABILITY (K. BUEDTS)
13.15 REGENERATION OR REPAIRING? (J. DAHMEN)
13.30 AMIC AND AUTOCART (C. INDINO)
13.45 MAGISTRAL LESSON: ARE WE READY FOR METAL? EPISEALER (N. VAN DIJK)
14.00 ARTHROSIMULATOR

FOOT AND ANKLE ACADEMY



FACULTY

- **F.Arensi** (Istituto Clinico S.Siro, Milano)
- **K.Buedts** (FAS President-Gewrichtskliniek, Katholieke Universiteit Leuven - Belgium)
- **J.Dahmen** (Amsterdam Foot and ankle School,Holland)
- **C.DeCesar Netto** (Assistant Professor,Iowa University,USA)
- **A.Barbero** (HUMANITAS S.PiOX - Research fellow presso Ortopedia della Caviglia e del Piede)
- **B.Efrima** (InternationalFellowOrtopediadellaCaviglia e del Piede Humanitas S.Pio X, Milano)
- **C. Indino** (Ortopedia della Caviglia e del Piede, Humanitas S. Pio X, Milano)
- **C.Maccario** (Ortopedia della Caviglia e del Piede, Humanitas S. Pio X, Milano)
- **M.Marcarelli** (Ospedale Mauriziano UmbertoI, Torino)
- **T.Paoli**(OspedaleS.M. Annunziata,BagnoaRipoli, Firenze, SOC Ortopedia)
- **G.Riva** (Ospedale Fondazione Macchi,Varese)
- **R.Sangaletti** (Scuola di Specialità in Ortopedia e Traumatologia, Università di Pavia)
- **F.G.Uselli** (Director, Ortopedia della Caviglia e del Piede, Humanitas S. Pio X, Milano)
- **NoiekC.VanDijk** (FIFA Medical Centres of excellence, Madrid and Porto, Amsterdam Foot and Ankle School Founder, Former ESKKA and ISAKOS President, The Netherland)